ZJEDENĒ JUNIOR

zjedenejunior.sk

Daily Menu

Kindergarten

MONDAY 23 NOVEMBER 2026

Morning snack	Oat muesli with A2 milk	1,7	200/30g
SOUP	Chickpea soup with wide noodles	1,3	0.25l
MAIN COURSE	Bryndza potato dumplings	1,3,7	200g
VEGETARIAN	Bryndza potato dumplings	1,3,7	200g
ALLERGY	Potato dumplings with vegetable sauce	3	200g
Afternoon snack	Sourdough bread with skyr spread	1,7	50g
Adult	Chicken schnitzel in leek batter, rice, apple compote	1,3,7	150/200g

TUESDAY 24 NOVEMBER 2026

Morning snack	Sourdough bread with vegetable spread	1,7,9	50g
SOUP	Mild French-style onion soup for children		0.25l
MAIN COURSE	Beef in pea sauce with mashed potatoes / beetroot	7	120/150g
VEGETARIAN	Tofu in pea sauce with mashed potatoes / beetroot	6,7	120/150g
ALLERGY	Beef in pea sauce with mashed potatoes / beetroot		120/150g
Afternoon snack	Sweet roll with butter	1,7	1 pc/15g
Adult	Fried fish fillet with roasted potatoes, chilli-dill dip	1,3,4,7	150/200g

WEDNESDAY 25 NOVEMBER 2026

Morning snack	Sourdough bread with butter and radishes	1,7	50g
SOUP	Celery soup with carrots and peas	9	0.25l
MAIN COURSE	Turkey medallions in mustard-yogurt marinade with jasmine and corn rice	7,10	120/150g
VEGETARIAN	Soy pieces in mustard-yogurt marinade with jasmine and corn rice	6,7,10	120/150g
ALLERGY	Turkey medallions in mustard-yogurt marinade with jasmine and corn rice	10	120/150g
Afternoon snack	Banana-yogurt cream	7	130g
Adult	Potato dumplings filled with smoked meat, sauerkraut, fried onion	1	120/150g

THURSDAY 26 NOVEMBER 2026

Morning snack	Sourdough bread with Viennese spread and bell peppers	1,7	50g
SOUP	Hearty broth with vegetables and noodles	1,3,9	0.25l
MAIN COURSE	Pasta with pumpkin sauce and chicken pieces	1,3,7	120/150g
VEGETARIAN	Pasta with pumpkin sauce and chicken pieces	1,3,7	120/150g
ALLERGY	Gluten-free pasta with pumpkin sauce and chicken pieces		120/150g
Afternoon snack	Toast bread with cheese	1,7	130/30g
Adult	Tortilla filled with chicken, ham and cheese, fries, tzatziki dip	1,7	150/200g

FRIDAY 27 NOVEMBER 2026

Morning snack	Sourdough bread with roasted onion spread	1,7	50g
SOUP	Red bean soup		0.25l
MAIN COURSE	Sweet potato grenadier-style dish / pickled gherkin	1,3	200g/30ml
VEGETARIAN	Sweet potato grenadier-style dish / pickled gherkin	1,3	200g/30ml
ALLERGY	Sweet potato grenadier-style dish / pickled gherkin		200g/30ml
Afternoon snack	Sourdough bread with chicken spread / vegetables	1,7	50g
Adult	Strawberry-quark dumplings with poppy seeds and strawberry sauce	1,3,7	120/150g

MEAT WEIGHTS ARE STATED BEFORE COOKING.

CHICKEN, BEEF AND TURKEY MEAT COME FROM A CERTIFIED ORGANIC FARM.

SALAD AND FRUIT MIX IS PREPARED FROM CURRENTLY AVAILABLE ORGANIC PRODUCE.

Allergens: 1 cereals containing gluten, 2 crustaceans, 3 eggs, 4 fish, 5 peanuts, 6 soybeans,
7 milk, 8 nuts, 9 celery, 10 mustard, 11 sesame seeds, 12 sulphur dioxide, 13 lupin, 14 molluscs.